

# **Class Descriptions**

## **Saturday, September 2nd**

### **9:00 AM - 10 AM**

Salon ¾ - Intermediate + - Nils & Bianca - Fully Focused on the Music - Make music the priority while dancing

Suite A/B – Bonus Track - Chandrae & Steve - Intermediate Shag - For those who know their Shag (collegiate or double shag) basics, learn some fun intermediate moves

Suite D/E/F – Audition Track - Gaby & AJ - Quality of Movement (this is the audition for the audition track) - Improve the look of your dancing by finding lines and angles that highlight the visual dynamism of Lindy Hop. Gaby & AJ will share tips, tricks and repeatable exercises to find the best shapes for you. Great for all dancers, especially those looking to improve their competition or level-testing experience. This is the Audition for the Audition track. Be sure to be present to try out for this track. If for some reason you can't make this hour, join us during the lunch break at 11:15 in room A/B for the second chance audition.

Salon 5/6 – Beginner - Kim & Dave - Beginning Lindy Hop - Whether it's your first Lindy Hop class or you just need a refresher, this is where we lay the foundation for a great time on the social dance floor

Pacific Coast 2/3 – Solo Track - Marie – Exploring

Salon ½ - Intermediate - Sylvia & Nick - Classic Dean Collins Moves - Classic moves made famous by Dean Collins. Intermediate track will be in this room for this hour only.

### **10:15 AM - 11:15 AM**

Salon ¾ - Intermediate + - Andrea & Chester - The California Orange - Original choreography by Chester - you thought the California routine was cool; now add a squeeze of citrus!

Salon ½ - Audition - Bianca & Nils - Fast Tempo Routine - Challenge yourself and practice a routine up to 250 bpm together with us!

Pacific Coast 2/3 – Solo Track - Felix - Let's Dance to THE Music

Salon 5/6 – Beginner - Gaby & AJ – Go With the Flow - Lindy Hop looks good when it feels good. In this class, we'll pair moves that complement each other to keep the momentum flowing. We'll share the ways we think about moves that work well together and offer general tips to propel dancers' creativity

Suite D/E/F – Intermediate - Kim & David - Classic with a Twist - Taking classics everyone should know and then expanding on them to give them a new flavor

Suite A/B – Bonus Track - Sylvia & Nick - Balboa Triples (int +) - Shuffling galore with Pure Balboa triples

Pacific Coast 4/5 – Music Track – Ryan - Basic Jazz Rhythm and Harmonies - In this class, we'll explore the rhythmic and harmonic richness found in traditional jazz and swing. Designed for all instrumentalists and open to all levels (bring your instruments)

### **12:00 PM - 1:00 PM**

Suite A/B – Bonus Track - Adam - No Lead, No Follow - Part 1: The Conversation - What makes a good follower? What makes a good leader? What if we started from scratch when it comes to our ideas of these roles? What does Lindy Hop feel like when we deconstruct power dynamics and unravel the role gender has played in who is 'in charge' of the dance? Whoa...sounds interesting? 'No Lead, No Follow' is a class all about communication through movement and rhythm aimed to give you an entirely new perspective and tool box to explore what dancing with a partner to jazz music can be. Join Adam for an eye-opening look at how Lindy Hop can transcend leading and following. Adam highly suggests taking both part 1 and part 2 for the best experience!

Salon ½ - Audition - Andrea & Chester - Can You Keep Up? - Learn Chester's choreo at the speed of show business. The curtain's up in an hour.

Suite D/E/F – Intermediate - Bianca & Nils - Inspiration All Around You - We'll share some ways of looking at inspiration

Salon ¾ - Intermediate + - Gaby & AJ - Aerials 101 (partner required) - 3, 2, 1, lift off! AJ & Gaby will teach students basic principles of aerials and strategies we use to stay safe while flying high. Students are required to bring their own partner and should plan on wearing athletic shoes and clothing suitable for energetic movement

Salon 5/6 – Beginner - Marie & Felix - Finding the Spirit, Part 1 - In this class we will explore fundamentals: mindful intention, groove, and communication through the music

Pacific Coast 2/3 – Solo Track - Nick - The Dean Collins Shim Sham, part 1 - Join Nick as he breaks down the Dean Collins version of the classic line dance, The Shim Sham

Pacific Coast 4/5 – Music Track – Ryan - Jazz Ensemble - Develop key concepts that make a good ensemble player. This class includes hands-on playing and listening, so bring your ears and your instruments. Some playing experience is a plus. Bring your instruments.

### **1:15 PM - 2:15 PM**

Suite A/B – Bonus Track - Adam - No Lead, No Follow - Part 2: The Music - Part 1 deconstructed how we communicate with each other. Part 2 is all about open access to the music. Another game-based 'choose your own adventure' style class that has received acclaim all over the world for its unique approach to addressing musicality and power dynamics at the same time, this class will give you a unique set of tools to discover and empower your own musical voice, showing you how to share with

your partner in ways you might not have ever imagined possible! Adam highly suggests taking both Part 1 and Part 2 for the best experience!

Suite D/E/F – Intermediate - Andrea & Chester - Betcha Never Seen This Before - Explore dance steps we really oughta see on the dance floor

Salon ½ - Audition - Chandrae & Steve - Advanced Shag - Join us for this highest level Shag class! For this class and the Balboa Audition track class, we do not require that you have passed the Audition on Saturday morning but just be an advanced Shag dancer

Salon 5/6 – Beginner - Marie & Felix - Finding the Spirit, Part 2 - In this class we will explore fundamentals: mindful intention, groove, and communication through the music

Pacific Coast 2/3 – Solo Track - Nick - The Dean Collins Shim Sham, part 2 - Join Nick as he breaks down the Dean Collins version of the classic line dance, The Shim Sham

Salon ¾ - Intermediate + - Nikki & Mikey - Rhythm & Footwork - Become an instrument with your body to play along to the music

### **Sunday, September 3rd**

#### **9:00 AM - 10 AM**

Salon ½ - Intermediate - Adam - No Lead, No Follow - Part 1: The Conversation - What makes a good follower? What makes a good leader? What if we started from scratch when it comes to our ideas of these roles? What does Lindy Hop feel like when we deconstruct power dynamics and unravel the role gender has played in who is 'in charge' of the dance? Whoa...sounds interesting? 'No Lead, No Follow' is a class all about communication through movement and rhythm aimed to give you an entirely new perspective and tool box to explore what dancing with a partner to jazz music can be. Join Adam for an eye-opening look at how Lindy Hop can transcend leading and following. Adam highly suggests taking both part 1 and part 2 for the best experience!

Suite D/E/F – Intermediate - Andrea & Chester - Put it in Your Body - Don't just do the move – dance

Pacific Coast 2/3 – Solo Track - Felix - Choreography

Salon 5/6 – Beginner - Kim & David - Partner Charleston - Let's kick up the tempo and get our happy feet back!

Suite A/B – Bonus Track - Nikki & Mikey - Charleston Combo (int +) - Advanced fun Charleston-based routine

Salon ¾ - Intermediate + - Sylvia & Nick - Dean's Super Slide - Lindy Slides done by Dean Collins, including the famous Super Slide

#### **10:15 AM - 11:15 AM**

Salon ½ - Audition - Adam - No Lead, No Follow - Part 2, The Music - Part 1 deconstructed how we communicate with each other. Part 2 is all about open access to the music. Another game-based 'choose

your own adventure' style class that has received acclaim all over the world for its unique approach to addressing musicality and power dynamics at the same time, this class will give you a unique set of tools to discover and empower your own musical voice, showing you how to share with your partner in ways you might not have ever imagined possible! Adam highly suggests taking both Part 1 and Part 2 for the best experience!

Salon ¾ - Intermediate + - Andrea & Nick - A Day at the Races - Combos and variations from the Lindy Hoppers of the 1937 film 'A Day at the Races'

Suite A/B – Bonus Track - Chandrae & Steve - Shag (int +) - Join us for some fun Intermediate+ Shag moves

Suite D/E/F – Intermediate - David & Kim - From the Lab - Stuff we have been digging on and can't wait to share with you!

Pacific Coast 2/3 – Solo Track - Marie - Choreography

Salon 5/6 – Beginner - Nikki & Mikey – Musicality - Explore ways to interpret the music and phrasing using the moves you know

Pacific Coast 4/5 – Music Track – Ryan - The Art (and Craft) of Improvisation - Learn how to play. Students will explore practical techniques for creating compelling solos as well as expressing themselves through collective improvisation. Basic competence on your instrument will be helpful, and listeners are welcome. Bring your instruments.

### **12:00 PM - 1:00 PM**

Salon ¾ - Intermediate + - Adam - No Lead, No Follow - Part 1: The Conversation - What makes a good follower? What makes a good leader? What if we started from scratch when it comes to our ideas of these roles? What does Lindy Hop feel like when we deconstruct power dynamics and unravel the role gender has played in who is 'in charge' of the dance? Whoa...sounds interesting? 'No Lead, No Follow' is a class all about communication through movement and rhythm aimed to give you an entirely new perspective and tool box to explore what dancing with a partner to jazz music can be. Join Adam for an eye-opening look at how Lindy Hop can transcend leading and following. Adam highly suggests taking both part 1 and part 2 for the best experience!

Salon 5/6 – Beginner - Andrea & Chester - Master Your Swing Out - Swing out training for control and accuracy

Salon ½ - Audition - Bianca & Nils - Airstep (partner required) - Learn one of the final airsteps from the famous Whitey's Lindy Hoppers in the 1941 movie Hellzapoppin' (partner required)

Suite A/B – Bonus Track - David & Kim - Keepin' It Smooth - Smooth LA Style Lindy Hop a la Kim and Dave, including killer swivels of course

Suite D/E/F – Intermediate - Marie & Felix - Developing the Essence, part 1 - In this class we will focus on the intention of the body and the idea of polycentrism both solo and partner

Pacific Coast 2/3 – Solo Track - Nikki – Burlesque - Classic Burlesque moves to explore new movement

Pacific Coast 4/5 – Music Track – Ryan – Jam – join Ryan for a fun musical jam, for all levels. Bring your instruments.

### **1:15 PM - 2:15 PM**

Salon ¾ - Intermediate + - Adam - No Lead, No Follow - Part 2: The Music - Part 1 deconstructed how we communicate with each other. Part 2 is all about open access to the music. Another game-based 'choose your own adventure' style class that has received acclaim all over the world for its unique approach to addressing musicality and power dynamics at the same time, this class will give you a unique set of tools to discover and empower your own musical voice, showing you how to share with your partner in ways you might not have ever imagined possible! Adam highly suggests taking both Part 1 and Part 2 for the best experience!

Pacific Coast 2/3 – Solo Track - Chester - Fancy Feet - Solo jazz to set the floor on fire

Salon ½ - Audition - Gaby & AJ - Aerials 201, Beyond the Basics (partner required) - For students who understand the basics of supported lifts: learn key strategies for flipping. Students are required to bring their own partner and should plan on wearing athletic shoes and clothing suitable for energetic movement

Suite A/B – Bonus Track - Kim & David - Gimme Some Sugar - Sugar pushes are a fun staple on the dance floor. Let's dress them up with some style!

Suite D/E/F – Intermediate - Marie & Felix - Developing the Essence, part 2 - In this class we will focus on the intention of the body and the idea of polycentrism both solo and partner

Salon 5/6 – Beginner - Sylvia & Nick - Beginning Balboa - Learn the fundamentals of this smooth 8 count dance to get you started on your Balboa journey

### **Monday, September 4th**

### **10:00 AM – 11:00 AM**

Salon 5/6 – Beginner - Bianca & Nils – Gliding - Connect with your movement and each other

Pacific Coast 2/3 – Solo Track - Chester - Chester's Choice - Join Chester for some cool solo material to take your dancing to another level

Salon ¾ - Intermediate + - Gaby & AJ - Yeah, but does it go fast? - Make fast dancing easier with better technique and modifications to the basic footwork of swing. Exercises and combinations will help students understand how to make their dancing more efficient and more fun/survivable at blazing tempos

Salon ½ - Audition - Marie & Felix - Expressing Your Voice, part 1 - In this class we will explore creative processes to refine personal expression and improvisation based on different movement patterns

Suite D/E/F – Intermediate - Nikki & Mikey - Lindy Hop Combo - Fun Lindy Hop combo Mikey & Nikki style

Suite A/B – Bonus Track - Sylvia & Nick - Stop Step Symposium (Balboa - int) - Modern variations on Maxie's Stop Step for Bal-Swing

### **11:15 AM – 12:15 PM**

Suite D/E/F – Intermediate - Andrea & Nick - Free Your Feet - How to free your feet while staying connected to your partner

Suite A/B – Bonus Track - Bianca & Nils - Variate Your Charleston (int +) - Fun Charleston variations

Salon 5/6 – Beginner - Chandrae & Steve - Beginning Shag - Learn the basics of this fast, fun six-count dance

Pacific Coast 2/3 – Solo Track - Chester - Chester's Choice, pt 2 - Join Chester for some cool solo material to take your dancing to another level (different from the earlier class - attendance to both classes not required)

Salon ½ - Audition - Marie & Felix - Expressing Your Voice, part 2 - In this class we will explore creative processes to refine personal expression and improvisation based on different movement patterns

Salon ¾ - Intermediate + - Nikki & Mikey - Cool Tricks - Cool tricks to shine on the dance floor

### **12:30 PM – 1:30 PM**

Suite D/E/F – Intermediate - Andrea & Chester - Riggs and Murtaugh - One of us is certifiable, the other is too old for this...spoiler alert: it's not who you'd expect

Suite A/B – Bonus Track - Gaby & AJ - A Dancer's Place is in the Groove - Balance all that vocabulary with groove, rhythm and style! In this class Gaby & AJ will help you find style and purpose in the basic steps of the dance. Enrich your relationship with the music by creating a connection to the groove and fundamental weight changes that define the dance

Salon ¾ - Jonathan's Kollege of Musical Knowledge - Join bandleader Jonathan Stout with a live band for a fun discussion of swing music and how it relates to dancing

Pacific Coast 2/3 – Solo Track - Marie - Jazz Dancing Focusing on Values

Salon 5/6 – Beginner - Nikki & Mikey - Classic Moves - Classic moves every Lindy Hopper needs to know

Salon ½ - Audition - Sylvia & Nick - Modern Marvels (Balboa) - Newer Bal-Swing variations to play with

Pacific Coast 4/5 – Music Track – Ryan – Jam – join Ryan for a fun musical jam, for all levels. Bring your instruments.